

## COURSE GUIDE

Welcome to your AI learning journey. Before we dive into tools and techniques, let us take 15 minutes to set yourself up for success, because how you approach this course matters as much as what you learn.

### THIS IS NOT A PASSIVE COURSE

The biggest mistake people make when learning AI is treating it like a subject you study. AI is a skill you practice. Reading about swimming does not make you a swimmer. Watching someone type prompts does not make you a prompt engineer.

Every lesson comes with a practical task. Some take 5 minutes. Some take 30 minutes. All are designed to build real skills that you can use immediately in your work and studies.

### THE LEARNING LOOP WE USE IN EVERY LESSON:

1. **WATCH:** Each lesson includes a curated video that introduces the concept with context and examples.
2. **READ:** The lesson notes go deeper and connect concepts to real professional and academic situations.
3. **PRACTICE:** You apply the concept yourself in a small exercise or reflection prompt.
4. **SHARE:** You bring your experience and questions to the course community, where the real learning accelerates.

### YOUR SETUP CHECKLIST — Complete before Lesson 4:

- Create a free ChatGPT account → [chat.openai.com](https://chat.openai.com)
- Create a free Claude account → [claude.ai](https://claude.ai)
- Create a free Gemini account → [gemini.google.com](https://gemini.google.com)
- Bookmark this course page for easy return
- Join the Jenga eLearning community forum
- Post your introduction in the forum (your name, where you are, what you do or study, and one thing you hope AI will help you do better)

### A NOTE ON AI TOOLS CHANGING FAST

AI tools update frequently. A feature shown in a video from 2024 may look slightly different today. When you see a mismatch between a video and the current tool, focus on the underlying concept, not the specific button or menu. The principles are stable even when the interfaces change.

## **SUGGESTED WEEKLY SCHEDULE:**

- Week 1 — Modules 1 and 2 (Foundation and Tools)
- Week 2 — Module 3 (Prompt Engineering)
- Week 3 — Module 4 (AI in Action)
- Week 4 — Modules 5 and 6 (Automation, Ethics, Final Project)

## **HOW LONG WILL THIS TAKE?**

Plan for 30–45 minutes per lesson. The full course takes approximately 6–8 hours, plus time for assignments (2–3 hours each) and your final project (3–5 hours total, including presentation preparation).

## **YOUR COMMUNITY IS YOUR ACCELERATOR**

The students who get the most from this course are not those with the most technical background. They are the ones who engage with the community, share their experiments, ask questions in the forum, and show up for the community workshops.

An AI skill you practice in isolation is half as powerful as one you have tested in the real world, with feedback, alongside people learning alongside you. Use the community.